# Case

Shubha is a 26-year-old woman who has been referred to you by the local mother and baby clinic. Shubha’s husband and members of his extended family are registered at your practice, but this is the first time that you have met her. Shubha emigrated from Bangladesh to the UK three years ago with her husband and his family, and gave birth to a baby girl one month ago. She has had an arranged marriage and the family have struggled with financial pressures since the move. Her husband is very close to his mother, who advises him on all issues related to the baby. Shubha can speak limited English. She sees you with her husband, who acts as an interpreter. Her husband says that Shubha seems unhappy and does not want to do anything. She is reluctant to get out of bed or to look after the baby, and complains of pain in her stomach constantly.

Her husband says Shubha did not disclose any past medical history to him, so her past psychiatric history is unknown.

An initial physical examination does not reveal anything abnormal. A blood sample for full blood count and testing for vitamin D deficiency are taken.

# Critical questions

## What are the key facts/issues/problem?

## What is being said or reported? What is maybe not being said or reported?

## Why has this happened?

## How does this remind me of the theories, concepts and other information I have learnt about?